



ASSETS PROTECTION COMPANY
SECURITY AND SAFETY TRAINING CENTER
(A DIVISION OF SAUDI PETRO GAS COMPANY)

First - Aid

Objectives:

The objective of this course is to provide, enhance and promote safe technical knowledge and practices concerning actual day-to-day tasks of the trainees, wherein after the completion of the program, the participant will be able to:

- Familiarize with different types of accidents and causes of accidents / injury, protection and prevention methods
- Familiarize with various first-aid methods (CPR, life rescue, electric shocks, bleeding, moving injured persons, etc.) and their application.

Course Subjects & Schedule:

<u>Day 1</u>	<ul style="list-style-type: none"> ▪ First-Aid – its application in industry. ▪ Causes of injuries, wounds and their prevention ▪ Bone and joint injuries – causes and prevention 	<u>Day 3</u>	<ul style="list-style-type: none"> ▪ Specific Injuries: <ul style="list-style-type: none"> - Burns and Scalds - Electrical injuries - Eye injuries
<u>Day 2</u>	<ul style="list-style-type: none"> ▪ Life Saving Methods: <ul style="list-style-type: none"> - Care of unconscious victim - Artificial respiration - Cardio Pulmonary Resuscitation (CPR) - Control of blood loss - Preventing Shock 	<u>Day 4</u>	<ul style="list-style-type: none"> ▪ Industrial Exposure ▪ Dressing, Bandages, First-Aid Kit
		<u>Day 5</u>	<ul style="list-style-type: none"> ▪ Case studies and practical sessions ▪ Final exam

<u>Participants:</u>	Fire Fighting, Safety, Security and Maintenance & Production Personnel
<u>Methodologies:</u>	<ul style="list-style-type: none"> ▪ Class Room sessions ▪ Learning Review ▪ Plant / Work Place Exposures ▪ Evaluation: <ul style="list-style-type: none"> ● Written Test ● Practical: Oral / Viva-voce
<u>Duration:</u>	Five (5) days
<u>Course Location:</u>	Security and Safety Training Center, Dhahran or at Client's Venue
<u>Course Cost:</u>	S.R. 3562.00 per Participant
<u>Language:</u>	English / Arabic